

ANZPATH Education & Training Seminar

Day 1 - Saturday 6 Oct 2018

Foundation Training

Purpose

General introductory topics for practitioners new to providing care to trans, gender diverse and non-binary people, with a focus on primary care.

Target audience

GPs[^], nurses, sexual health clinicians, peer support workers, social workers, counsellors, psychologists, speech pathologists.

Agenda

| Time | Duration | Topic | Presenter/s |
|----------------|----------------|---|--|
| 9.00am | 15 mins | Welcome address | Michelle Telfer - ANZPATH Acting President Ruth McNair - Chair ANZPATH Education Committee |
| 9.15am | 15 mins | History of trans, gender diverse and non-binary (TGDNB) health care | Jaco Erasmus |
| 9.30am | 20 mins | Trans, gender diverse and non-binary inclusive health care | Riki Lane |
| 9.50am | 55 mins | Consumer perspectives | Riki Lane & Consumer Panel: Andrew Eklund Darcy Lovely Tina Healy Isabelle Langley Andrew Langley |
| 10.45am | 15 mins | Morning Tea | |
| 11.00am | 15 mins | Diagnosis and Treatment guidelines | Jaco Erasmus |
| 11.15am | 45 mins | TGDNB adult mental health care | Jaco Erasmus |
| 12.00pm | 45 mins | Lunch | |
| 12.45pm | 30 mins | Role of the general practitioner in TGDNB health care | Ruth McNair |
| 1.15pm | 30 mins | Providing care for TGDNB children and adolescents | Michelle Telfer |
| 1.45pm | 30 mins | Hormonal management of TGDNB individuals | Jeffrey Zajac |
| 2.15pm | 30 mins | Afternoon Tea | |
| 2.45pm | 30 mins | Role of speech pathologists in TGDNB health care | Emma Ball |
| 3.15pm | 45 mins | Surgical interventions for TGDNB individuals | Andrew Ives |
| 4.00pm | 60 mins | Questions and Feedback | Ruth McNair |
| 5.00pm | | CLOSE | |

Day 1 - Expected Learning Outcomes

History of trans, gender diverse and non-binary (TGDNB) health care (15 mins)

Expected Learning Outcomes

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| Outcome 1 | To develop an appreciation of the rich history of gender variance across multiple cultures |
| Outcome 2 | To develop an understanding of the evolution of the concept of gender variance and its associated terminology including an appreciation of the diversity of gender identities |
| Outcome 3 | To develop an understanding of the history of TGDNB medical care |

Trans, gender diverse, and non-binary inclusive health care (20 minutes)

Expected Learning Outcomes

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| Outcome | To develop communication skills in delivering inclusive health care to trans, gender diverse and non-binary people |
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Consumer Perspectives (55 minutes)

Expected Learning Outcomes

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| Outcome 1 | To understand the range of experiences of trans, gender diverse and non-binary people, both socially and in health care encounters |
| Outcome 2 | To understand the specific needs of trans, gender diverse and non-binary people in health care encounters |

Diagnosis and Treatment Guidelines (15 minutes)

Expected Learning Outcomes

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| Outcome 1 | To be aware of the current diagnostic frameworks, the specific diagnostic criteria and the controversies surrounding diagnosis |
| Outcome 2 | To have an understanding of the treatment guidelines currently being used in Australia |

TGDNB Adult Mental Health Care (45 minutes)

Expected Learning Outcomes

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| Outcome 1 | To have an understanding of affirmative TGDNB mental health assessment and to develop an understanding of alternative explanations for gender variance |
| Outcome 2 | To be aware of the prevalence and types of mental health conditions that occur in the TGDNB community |
| Outcome 3 | To have an understanding of the psychological challenges that TGDNB people may face in affirming their gender and how best to support them through these challenges |

Role of the General Practitioner in TGDNB Care (30 minutes)

Expected Learning Outcomes

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| Outcome 1 | To examine GP roles in supporting social and medical transition |
| Outcome 2 | To understand the pathways to gender affirmation care |
| Outcome 3 | To apply health promotion principles to TGDNB patients |
| Outcome 4 | To understand referral networks for clinical and consumer expertise |

Providing Care for TGDNB Children and Adolescents (30 minutes)

Expected Learning Outcomes

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| Outcome 1 | To understand the general principles in caring for children and adolescents who present with concerns regarding their gender identity or gender dysphoria |
| Outcome 2 | To understand the clinical pathways and treatment options for medical and mental health care provision in both pre-pubertal children and post-pubertal adolescents |
| Outcome 3 | To be aware of the specialty and community-based services available to children, adolescents, parents/carers and schools |

Hormonal Management of TGDNB Individuals (30 minutes)

Expected Learning Outcomes

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| Outcome 1 | To assess individual goals of hormone therapy and perform a medical assessment to evaluate potential contraindications to testosterone or estradiol therapy |
| Outcome 2 | To have confidence to initiate gender-affirming hormone therapy for masculinisation and feminisation |
| Outcome 3 | To be able to monitor long-term effects and potential adverse effects of hormone therapy and be able to explain this to a patient |

Role of Speech Pathologists in TGDNB Health Care (30 minutes)

Expected Learning Outcomes

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| Outcome 1 | To understand the impact of a gender incongruent voice on the everyday lives of trans, gender diverse, and non-binary individuals |
| Outcome 2 | To increase knowledge regarding the pathways available to those seeking voice characteristics congruent with their gender identity. |
| Outcome 3 | To understand the process and potential outcomes of voice training |

Surgical Interventions for TGDNB Individuals (30 - 45 minutes)

Expected Learning Outcomes

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| Outcome 1 | To understand the surgical options available to patients and their limitations |
| Outcome 2 | To help understand and formulate with patients their surgical plan and incorporate it into their overall management strategy |
| Outcome 3 | To help monitor and oversee patients in the pre-op and post-operative recovery and recuperation from surgery, and monitor their progress |